



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF THE SANDHILLS NEW CEO ANNOUNCEMENT JEFF DARLING to begin June 1, 2023



Born and raised in Tucson, Arizona, Jeff Darling has been a leader in youth and family serving non-profits for over 31 years. He began his professional career in 1992, as a Program Director and within five years, moved into the Executive Director role of a large camp and conference center in the San Diego area. In 2007, Jeff was introduced to the YMCA through the Long Beach Association. He quickly embraced the mission and values that the Y stood for and accepted the position of Executive Director of Camping Services. Ready for more of a challenge, in 2011, Jeff moved to the YMCA of Metro Los Angeles, initially as an Executive Director, and soon after as a Vice President.

Jeff has a passion for leadership development and helping people reach their potential and become effective leaders. He enjoys seeing staff exceed expectations and has created and implemented professional development training and strategies for staff. He also finds great satisfaction in seeing kids and families expand their potential through their experience in YMCA programs.

Throughout his career, he has been involved as a volunteer in his church, and several other non-profits. He is currently the director of a large youth program in his church, and also served as a Regional Director for Christian Camp and Conference Association. Jeff also participated as a Camping Services Partner for YUSA and has consulted with several camps to assist with board development, and facility planning.

Jeff's passion for seeing kids and family's lives change for the good is evident in the way he leads in program development and implementation. Whether it is through childcare, youth sports, seniors programs or health and wellness, he firmly believes the YMCA environment is strategic in helping children and adults alike live out the core values of caring, respect, honesty and responsibility.

Professional Work Experience

YMCA of Metro Los Angeles	Vice President	2011 to present
YMCA of Greater Long Beach	Executive Director of Camping Services	2007 to 2011
Pine Summit Christian Conference Center	Executive Director	2004 to 2007
Pine Valley Bible Conference Center	Executive Director	1996 to 2004

Education

Bachelor of Arts, Arizona College of the Bible